

Soul Alchemy Art mentorship: Reclaim your unique power!



A six weeks online journey back to your essence

This is for you, if you basically want to:

- fully step into your highest potential to create a life in alignment with your soul's calling
- Reclaim your essence and power, discovering your own inner magic of your unique beauty and radiance and your capacity to heal everything
- Activate your ability to create abundance and embody the miracle you already are.

In this 6 weeks course you will find:

- Clarity in your current area of confusion or not knowing (job, health, relationships...)
- Your unique ability to create your world and reality to meet your soul's longing
- Inspiration, joy and a deeper connection to your intuition and inner wisdom
- Empowerment beyond your minds capacity of believing what might be possible.

I'll guide you thoroughly and individually online in the safety of your own home through the process back to yourself. My guidance skills are based on my own rich soul's journey:

- Certified Soul Art guide (Bodymapping and Chakras), holding private and business group workshops and 1 on 1 sessions, in person or online
- PhD in Social and Economical Psychology and grade in emergency Psychology
- MBA in Leadership and Changemanagement
- Shamanic roots, explorations and guidance based on environmental and animal communication
- Akasha Records apprentice

Details about the epic play- and joyful 6 weeks online course



How to reclaim your unique power

Details about the course

Through the creative spiritual process of alchemic Soul Art® you get to dive into a realm of decoding your soul's communication. You get to understand its messages and you get to know deeply your own inner wisdom, learning to use it to meet your deepest desires and let your essence flourish. Together we clear the channels that allow to step into the next level of empowerment.

- All there is needed for this journey is an open heart. There is no previous art experience required. You'll be guided in ways to easily support your unique way of expression.
- 6 weeks: We meet every week for one hour on skype or on the phone to go through the single steps and to keep the process going in a clear and safe container. You'll also have the opportunity to clarify on your questions. Between the sessions you get enough space and time to work on your own pace.
- The course can be hold in English or in German
- Regular investment into your transformation and epic empowerment: 765. - CHF, or 3 pay option bi-weekly (each 255. - CHF). The journey can be 3 months as well, and payments made monthly.

Testimonials

"Janine leads the workshop with a brilliant balance between instructing, inspiring, assisting and letting the creativity flow. I think all participants gained a lot of valuable insights and became committed to explore new routes. Thank you Janine for helping us to unearth buried and hidden crossroads." (Jürg)

"Janine managed to create a group with an incredible energy (...) her awareness and openness to what wanted to happen and to be created, allowed her to guide every one of us in her/his own way. After calming my mind and opening my heart, answers to inner questions, I wasn't even aware of, appeared. BIG Thank you to Janine." (Diana)



What is Soul Art?

Soul Art® reconnects effortlessly with your heart's deepest desire and opens up the potential beyond your mind's concepts and perceived possibilities so that love can guide you through life, letting you step into your unique power and essence by strengthening the connection with your core and with the vastness of life's expressions. Whatever truly desired can be reached by working through the process of Soul Art.

What is alchemy?

Freeing old, stuck energy into glorious, thriving new energy that holds the capacity to serve for epic healing and soul radiance, growth and expansion.

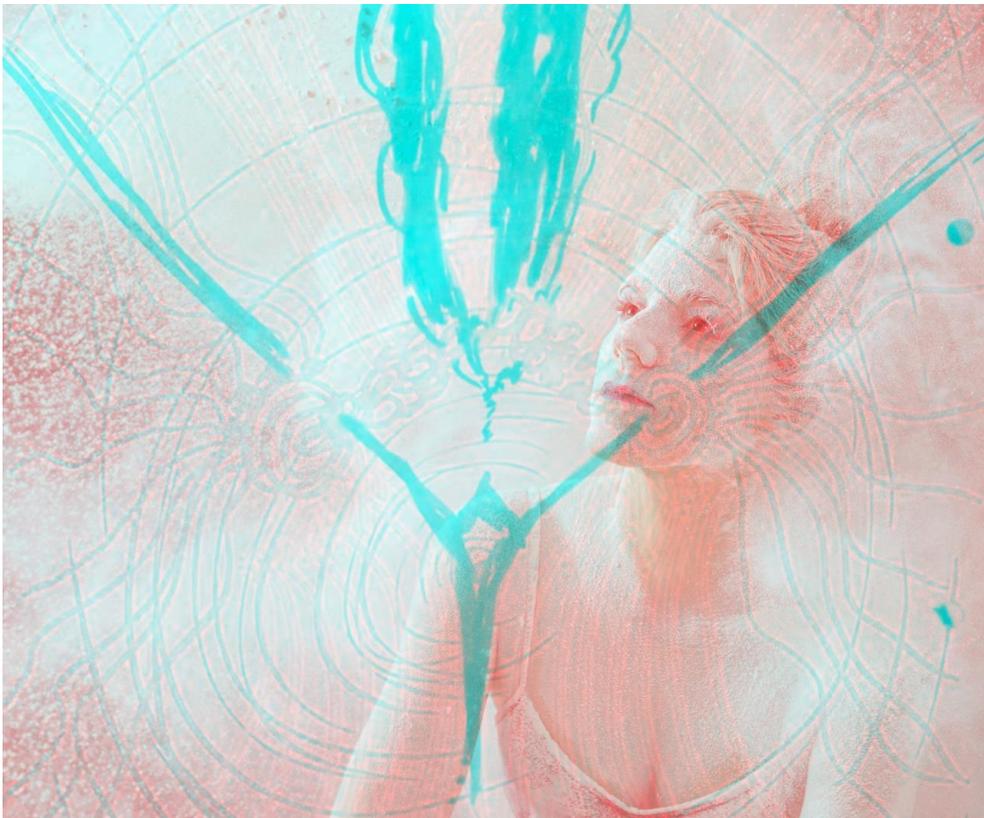
Why doing this online Course?

Because you are deeply longing for expressing and sharing your essence and to bring unique purpose in your life and to be what you came here for to be with your unique contribution to the beauty of our world.

You are here because the world needs you and the expression and power of your unique essence. You would not read this if you wasn't ready to step in your power!

As you are guided through the 6 weeks Alchemy Soul Art journey, channels of your intuition will be opened, you can expect breakthroughs and insights during the whole process also outside of sessions.

Thank you for the courage to unravel the healing and alchemising beauty of your core. For your individual and for the collective blooming of consciousness.



Be the magical powerful being of alchemy and beauty you are here to be!



Week 1: Clarifying your focus and setting your Intention

Intention

During week one we will clarify your intention for the journey, to set up a clear focus and direct our energy for the next steps of our soul. I will guide you to the juicy intention that excites you most and which your spirit wants you to work on to set the energies of your essence in motion and to create a container and guidance for our whole journey.

The desire can be anything from up-leveling your business, to healing a certain area of your life, or even wanting to achieve a new state of being such as greater joy, love, freedom or whatever you would like to focus on.

In our first session I will also let you know about art supplies that can support your process from the second week on. And I will help you to clarify about the space for your journey in a safe and empowering container.

Here the most important steps in week 1:

- Setting Intention
- Gathering art supplies
- Preparing sacred space for creation

Bonus program:

During or after our first session, you can also decide on an additional offering of mine. I can journey on an even deeper level with you and empower the process additionally and amplify the energy and the healing process by creating a unique, individual painting for you and in that way supporting this unique alchemic journey of yours (additional 330. - CHF)



Week 2: Giving form to your invisible energy of wisdom

Bodymapping

After setting the whole process in motion through setting a clear powerful intention, we bring our consciousness to our body as a temple of wisdom. With the energy we put in flow, the body automatically reacts with answering to our focus with his way of communication. You will be guided through an easy, grounding bodymapping-process that puts you in touch with the wisdom of your body to bring it into the visible, physical world.

This is a fun and playful part of the journey to set the stage for our creative expression.

Here the most important steps in week 2:

- Aligning the energies of the intention with the physical reactions to bring the invisible to a visible expression
- Connecting directly with the wisdom of our body, beyond the knowing of our mind
- Tracing parts of your body on canvas or a large sheet of paper (Bodymapping)



Week 3: Exploring the depths of your expression

Creativity doors into your way of expression

After setting the intention and connecting it with the wisdom of your body, we are now ready to dive into the expressive process and to unleash your inherent creativity as a deeply connected being to the nature of creation itself.

We will explore different ways of exploring your creativity and of inspiring your unique spirit expression. I'll guide you to find an easy and fun way to play with your expressive side in a way that feels exciting and aligned with you. Often this session alone begins to open up the deeper channels of intuition and insight.

Here the most important steps in week 3:

- Awakening and inspiring your creative spirit
- Exploring different ways of entering the creative expression
- Diving into the creational process



Week 4: Deepening your way of expression and diving fully into creativity

Creational process

Now you are ready to fully dive into your creative process and expression. You are inspired and empowered to work on your piece of art. I will guide you through this process of unfoldings in a grounding and loving way. Once the process begins to unfold clients often immediately feel joyful, and move into a space of trust and ease, allowing the intuitive process to unfold how it needs to.

This part of the creative journey is unfolding very individually. It is possible that you finish your painting within the hour of guidance, or throughout the following week. Even if you need more time than a week to finish it, that is perfectly okay. Trust your intuition and trust your feeling at what point it comes to a natural completion. Just let the magic unfold, as you can't get this spiritually guided creative process wrong.

Here the most important steps in week 4:

- Diving into your unique way of expression
- Transmitting your inner wisdom and guidance into tangible form
- Trusting the process and your intuition fully



Week 5: dialoguing with the knowing of your heart, gathering insights

Insights

In this session we start to get in contact with the expressions and the deeper messages of your painting. We begin to dialogue with it, including your feelings and thoughts and experiences during the process and while being with the painting now. Connecting it with your intention, you will be surprised how much wisdom you intuitively receive only by looking at your painting and being with it. I will guide you through the process to reveal its most potent insight that will magically support you to land and let your intention bloom.

Here the most important steps in week 5:

- Dialoguing with your painting
- Get in touch with its messages
- Finding the most potent insight connected to your intention



Week 6: Alchemy in action, recapping and unwrapping the gifts

Alchemy flow and spirit action

During week 6 you continue to receive insights, breakthroughs, and divine downloads. There is very often a profound sense of connection to one's spirit self, and the communication that is occurring. In this phase conscious and subconscious transformations allow shifts to take place that are often beyond words. These insights can last for days after our final session, and can continue to reveal magic in the following weeks and months to come.

Before ending the last session, we will craft a «spirit action» step that I will ask you to complete by a certain date. This ensures that the higher dimensional wisdom that we have obtained will be grounded out creating significant life change.

Here the most important steps in week 6:

- Bringing the pieces together
- Divine insights and shifts
- Spirit action to close the circle